

Coaching Packages 2019

Please find below an outline of my current coaching packages and prices for this year. This should be seen as a guide and there is flexibility within this structure which, through discussion, will ensure the best fit for you.

All sessions will look at what you want to achieve, where you currently are, help you develop some new options, and end with an action plan to take you forward. Other bespoke support will be provided as we progress, related to your specific needs – this could involve coaching tools and exercises, recommended articles and books/reading, DISC Personality Profiling, email and telephone support in between sessions.

A package approach is recommended, so that we are able to fully explore the topics you bring to coaching and in order to generate the insights and impact that leads to lasting change. Each package includes different features related to the preferred length of time you choose for us to work together.

One-to-one coaching

Package	Results	Positive Change	Transformation
Duration	3 months of coaching support	6 months of coaching support	12 months of coaching support
Features	<ul style="list-style-type: none"> • For clients seeking short term results now - related to current issues • Initial discovery call (1 hour, Skype or equivalent) • DISC Personality Profiling and feedback call • 6 coaching sessions (Skype or face-to-face if distance/circumstances allow) • Email support in between coaching sessions • Signposts to articles and relevant reading to support your development 	<ul style="list-style-type: none"> • For clients seeking longer term change • Initial discovery session (1.5 hours, face-to-face) • DISC Personality Profiling and feedback meeting • 12 coaching sessions (mix of in person and Skype) • Written follow up after each session • Telephone and email support in between coaching sessions • Resources, exercises and suggested reading • Creation of your personal action plan 	<ul style="list-style-type: none"> • For clients seeking a longer term and deeper coaching relationship leading to genuine transformation • Initial discovery session (2 hours face-to-face) • DISC Personality Profiling with feedback meeting, and availability of other psychometric profiling • Coaching sessions held as and when required tailored to your needs – a minimum of 1 per month. • Written follow up after each session • Unlimited telephone and email support • Signposts to articles and relevant reading • Creation and implementation of your personal action plan • Programme review session and lunch

Pricing Structure – Main Packages

Package	Fees	Monthly Payment option
Results	£800.00	£266.67 (x3)
Positive Change	£1,500.00	£250.00 (x6)
Transformation	£3,000.00	£250.00 (x12)

Intensive Coaching Packages

For those requiring alternative support to the packages above, a range of options are available. These intensive sessions are designed to address current issues, leading to breakthroughs and new insights.

Package	Description	Fees
3 days Intensive	In person, can be packaged as a 'retreat' option	From £1,500.00
1 day Intensive	In person, during normal working hours	£600.00
Half day Intensive	In person, 3.5 hour session – am or pm	£300.00
Twilight session	3 hours (typically 7pm – 10pm)	£250.00
Individual session	A one-hour coaching session	£75.00
Walking coaching session	A 45-minute walk and talk session	£50.00

Team Development

A range of support delivered through Team Development Days is also available. This can cover one or two days and looks at developing all aspects of a High Performing Team (e.g. clear goals, shared objectives, mutual trust, open and clear communication, managing conflict, defined roles and responsibilities).

It also includes providing your team with individual DISC personality profiles and feedback both individually and as a team through facilitated sessions, which will aid communication, understanding and collaboration.

I am committed to delivering against your needs therefore if you are interested in discussing team development support in more detail please get in touch for a conversation.

For more information please visit www.Darren-Lawrence.com/coaching-1

To book, please call 07703 359673 or email Darren@Darren-Lawrence.com

